

# Communication

Special Education Services

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## Helping your child talk During everyday activities



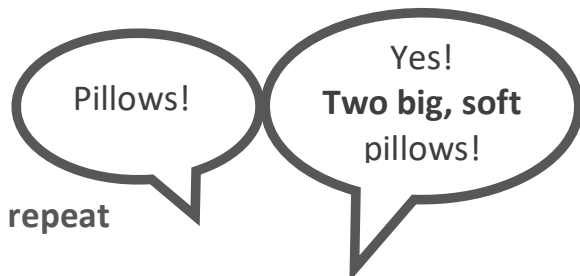
### Activity: Part 1 - Make an obstacle course

**Skills:** language stimulation, conversation, vocabulary, describing.

**Materials:** Objects you can find around the house (cushions, chairs, masking tape on the floor) - or in the bush. Paper and pencils.

#### Instructions/strategies:

- Set up an obstacle course with your child and talk about what you are doing. You can discuss:
  - Where to place objects
  - How you can use the objects
  - What you can do with objects
  - What action should be first, next, and last.
- Draw a map of the course:
  - Draw it quickly yourself if your child can't wait to start!
  - Or, draw it together with your child and talk again about what you and your child are doing and what you are going to do.
- You are ready for Part 2 - Do the obstacle course!



**Tip:** If your child only says one or two words, try to **repeat** what your child said and **add on** a few more words.

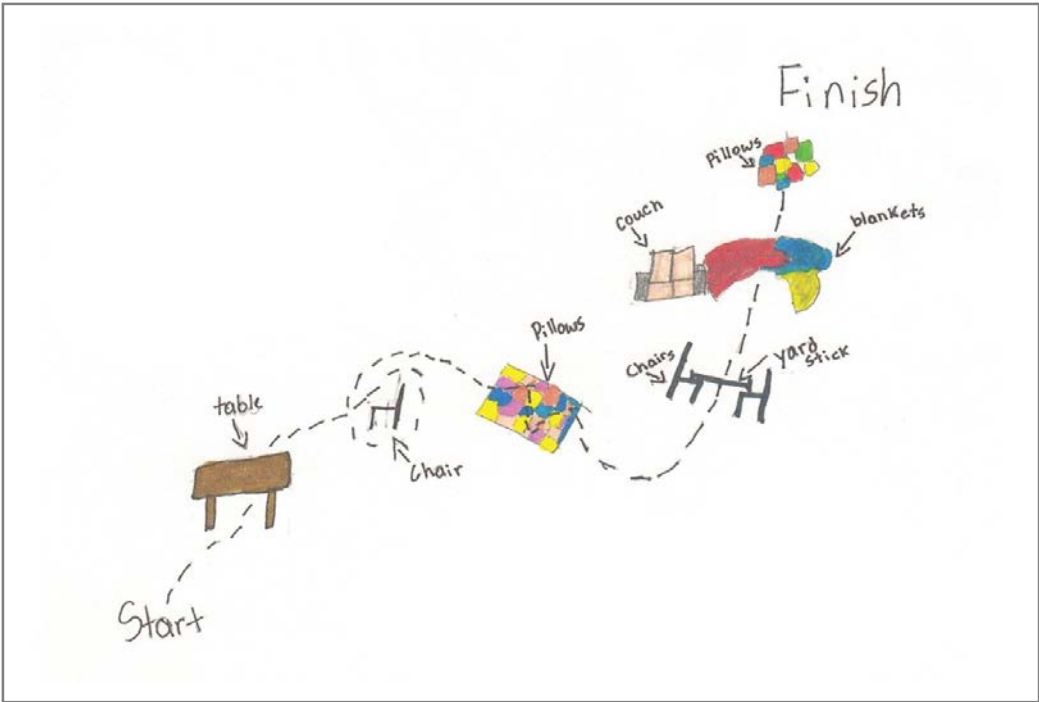
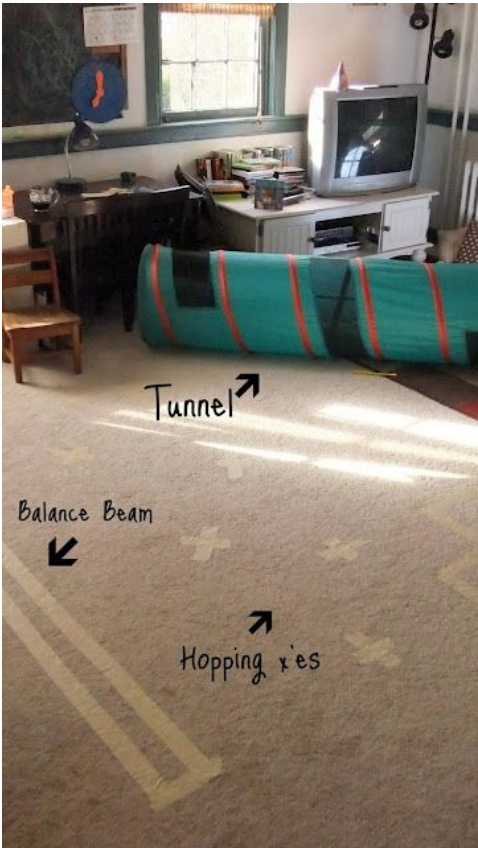
## Add-On

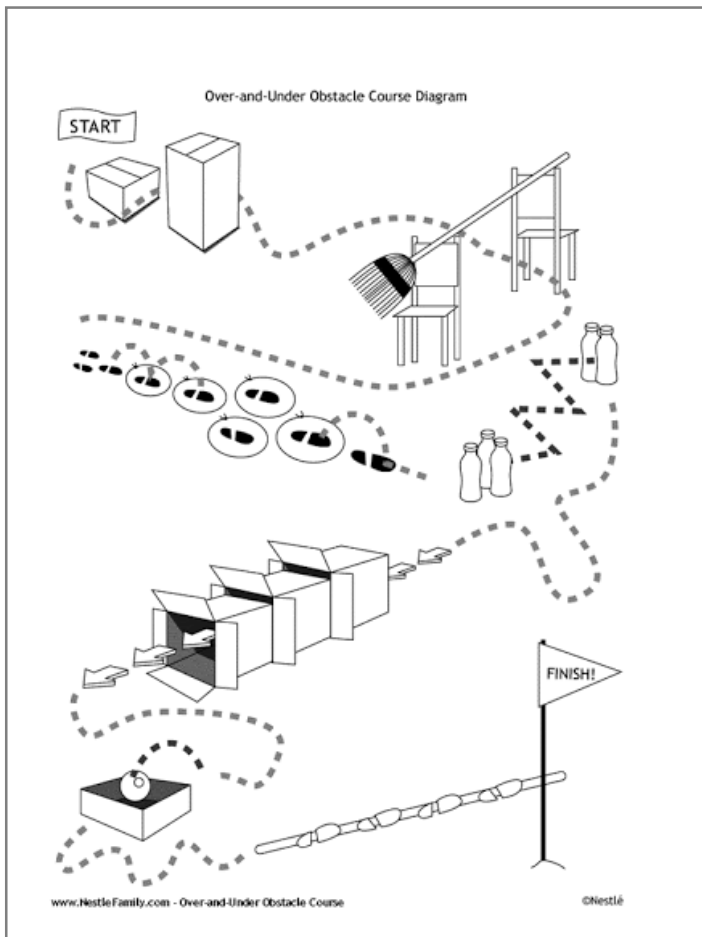
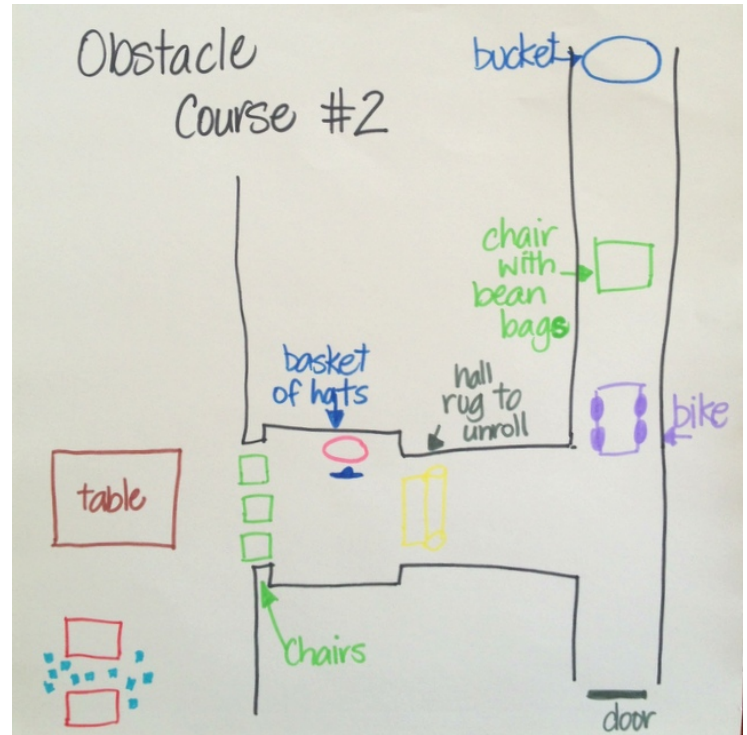
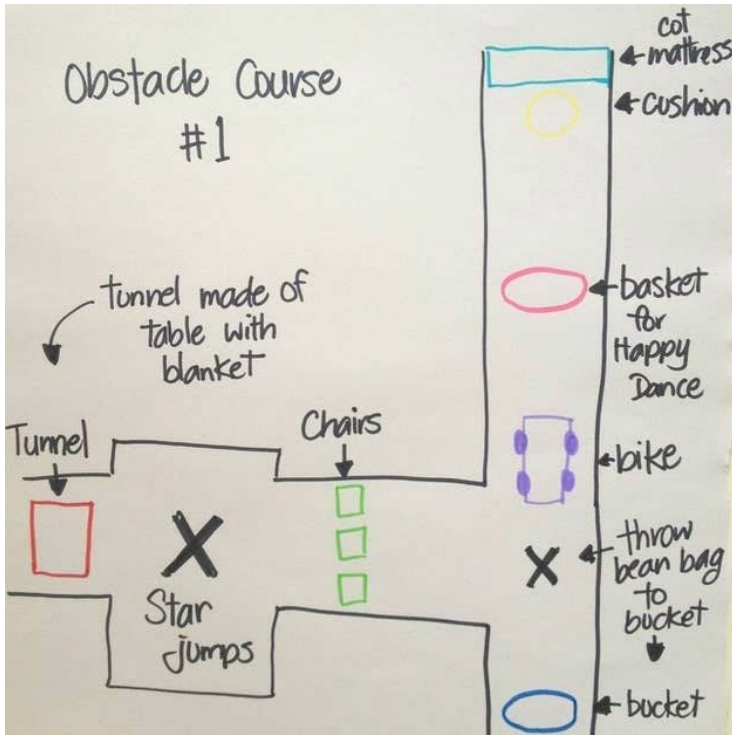
**Repeat** what your child said and **add on** a few more words

#### Add-on helps your child:

- Combine words and make longer sentences
- Learn new information and new words

# Obstacle course inspiration:





Links to a few more examples:

<https://www.raisingdragons.com/indoor-obstacle-course-for-kids/>

<http://sechildcarenetwork.com/core-muscle-exercises/indoor-obstacle-course/>