

# Communication

Special Education Services

ጅ.ብረትጅጅ ጅ ጅጅጅጅጅጅጅ



## Helping your child talk During everyday activities



### Activity: Asking for help

**Skills:** At school, children need to ask for help if they don't understand. You can have fun practicing this skill during any activity!

See the **next page** for **game ideas!**

#### Instructions/strategies:

- Play games where you ask your child to do something.
- **Make it hard for your child to understand you.**  
For example:
  - Say it very quietly.
  - Say it too fast.
  - Make your instructions too long and complicated.
- **Teach your child to ask for help** in the following ways:
  - "I need help," or
  - "I don't understand," or
  - "Can you say that again?"



**Tip:** You can also create similar situations during daily activities for lots more practice!

## Set up the need

Set up daily routines so your child **needs** to ask for help.

Examples:

- **Meals:** give your child an unopened drink box, or serve yogurt without a spoon.
- **Washing hands:** remove the towel.
- **Getting dressed:** hand your child shoes but no socks.
- **Going out:** don't unlock the car door.
- **Toys or tools:** remove the batteries.

# IDEAS - Games and activities with oral directions/descriptions for practicing asking for help:

## 1) Hide and Seek

### Instructions/strategies:

- Ask your child to close his eyes.
- Hide a small object or a sticker around the room (e.g. under a chair, in a bag, in a drawer).
- Tell your child where to look. For example:
  - **Easy:** It's on my bed.
  - **Medium:** It's beside the garbage can.
  - **Difficult:** It's in the second drawer of your dresser.
- If you are in the bush, hide something outside.
- Take turns with your child.



## 2) Memory Game

### Instructions/strategies:

- Ask your child to find objects in the house or in the bush.
- Gradually build up the number of objects your child has to remember. For example:
  - **Easy:** Touch the chair. OR Find a hat.
  - **Medium:** Touch the table and a window.
  - **Difficult:** Find a pencil, a cup, and a pillow.
- Take turns with your child.



## 3) Scavenger Hunt

### Instructions/strategies:

- Write down a list of hints to describe different objects around the house or in the bush (using **colour, shape, texture, size, category**).
- For young children & older children with language difficulties:
  - Use short sentences and simple describing words.
  - Try 8-10 objects to find.
  - Say the hint out loud.
  - Let your child find the object and check it off the list.
  - Then tell your child the next hint.

