

Body

Special Education Services

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What's that smell?

Description : This simple activity develops several skills, with no equipment needed. Easily adjustable to suit your child's abilities/sensitivities.

Develops : Olfactory system (smell); Prediction; Language development



Materials :

- A variety of containers you cannot see through (e.g. dark jars, socks, etc.)
- A variety of daily materials that contain scents (e.g. herbs, spices, food flavourings, branches of various trees)

Instructions :

- 1) Place a small amount of each substance in a separate container.
- 2) Allow a quick whiff of a container. Allow a chance to guess.
- 3) If guess is wrong, allow a longer sniff.
- 4) Extension : try to stimulate language by asking child if it is familiar? Where do they think they have smelled it before?
- 5) Themes : try following a theme (e.g. things in the kitchen, things from camp)