

Communication

Special Education Services

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Helping your child talk During everyday activities



Activity: Socks Basketball!

- Have your child throw “sock-balls” one-by-one into the basket!

Materials: Matched socks! (Choose sock pairs with lots of patterns and colours); Laundry basket; Masking tape.

Instructions:

- Roll the matched socks into “sock balls” with your child. Talk about what you are doing.
- Once all the socks are in balls, you are ready for basketball!
- Use the tape to make a line on the floor where your child will stand. Talk about what you are doing.
- Keep the “sock balls” in your lap and hand them out one-by-one. This gives your child many opportunities to request. (If your child does not use many words yet, pointing is good too!)
- Talk about colours and patterns to help your child choose the “sock ball” he wants to throw next!



Do you want
the blue ball or the red ball?

Tip: You can help your child’s communication by **giving two choices**.

Give two choices

“Do you want _____ or _____?”

Giving two choices:

- Helps children feel more in control
- Limits options and makes decisions easier
- Helps children know what words to use