

# Body

Special Education Services

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## Drawing on back

**Description:** This simple activity develops several skills, with no equipment needed. Easily adjustable to suit your child's abilities/sensitivities.

**Develops:** Tactile system (pressure, movement/static detection); Prediction; Language development



### Instructions:

- 1) Using your finger, draw a shape on your child's back (through clothing is fine)
- 2) Have him/her guess what shape you drew. Use prompts such as 'what am I drawing?'
- 3) Switch roles – have them draw on your back.
- 4) Extension: after shapes, try letters, and eventually short words.
- 5) Variation: try different pressures – keep using lighter and lighter pressure.
- 6) More than 1 child? Try a game of 'broken telephone' : this means that the first one doesn't guess out loud, but has to recreate the shape/letter you drew on the back of the first child onto the back of the second child – the second one guesses what it is.